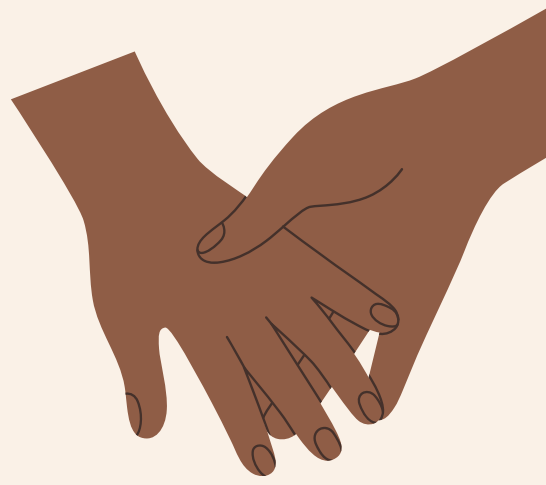


# TIPS FOR ADDRESSING SENSORY NEEDS

**Some students benefit from tactile touch.**



Gently or firmly squeeze their arms or hands.

## Temperature

Use ice cubes or a warm bath to help regulate your child's body.

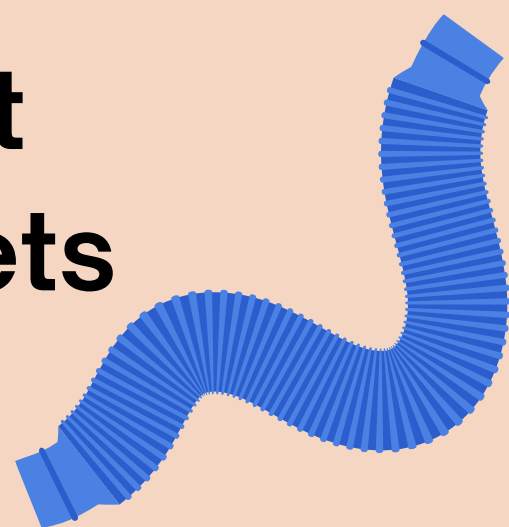
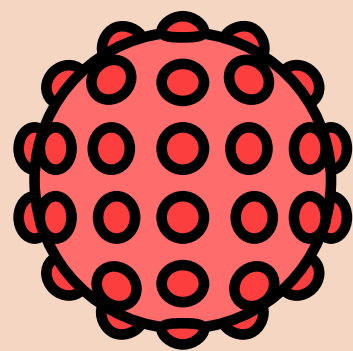


## Sound

Provide earbuds or headphones to students who prefer a more quiet setting.



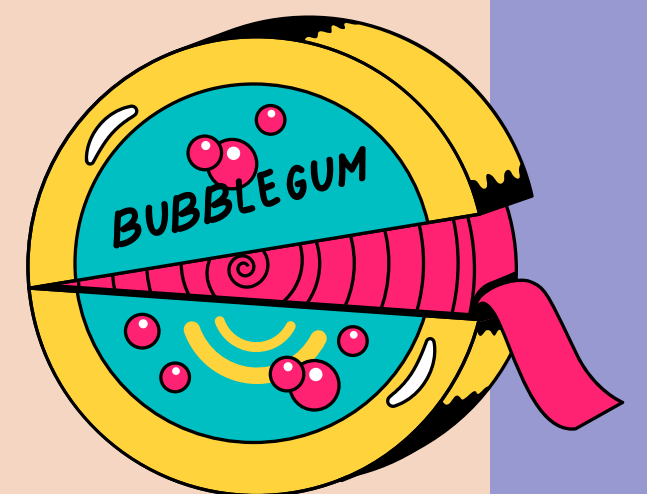
**Offer different textured fidgets**



Some students prefer soft, bumpy, fuzzy, smooth etc. materials to feel.

## Chewing gum

Chewing gum can help a student focus.



## Clothing Check

Sometimes a tag or the material of a shirt might be itchy.



## Weighted blankets

Use a weighted blanket to help calm your child's body.

